

# 2009 Reach For the STARS

## Summer Basic Skills Skating Camp

### July 20-23, 2009 | ~ 8:30am – Noon, \$130.00



*Hosted by the St. Paul Figure Skating Club  
Pleasant Arena, 848 Pleasant Ave, St. Paul, MN 55102*

**Fun, Friends, Games, Crafts, Ice Skating!! Nothing could be better!  
Sign up for Summer Camp Today!!**

Skating is one of the world's greatest sports! Skating in Basic Skills is fun, challenging and rewarding. Regardless of age, it is a great sport for everyone... preschoolers, youth, teens, adults and seniors. Skating is a sport that can last a lifetime! Camp participation will enable beginning skaters to improve and learn the fundamentals of skating.

Participants must bring own skates; no rental skates available. Skaters will be placed in one of the following groups:

- EMERGING STARS:** Designed to help the skater develop preliminary coordination and strength necessary to maneuver on the ice.  
**RISING STARS:** Designed to introduce fundamental moves - forward and backward skating, cross-overs, 2-foot spins, pivots and jumps.  
**SHINING STARS:** Designed to introduce the beginning jumps, spin entrance, lunges, spirals, shoot-the ducks, connecting steps and more.  
**SHOOTING STARS:** Designed for the advancing skater! Waltz Jumps, Salchow, Toe Loops, Beginning Loop Jumps, Backward turns, edge patterns, and much more!

Additional Information at [www.stpaulfsc.org](http://www.stpaulfsc.org) or email Camp Director, Ann Harschutz at: [aharschutz@stpaulfsc.org](mailto:aharschutz@stpaulfsc.org)

(Please only fill out one form per skater)

Skaters Name \_\_\_\_\_ DOB \_\_\_\_\_ Male/Female (circle)

Parent/Guardian Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address (email confirmations will be sent once registration is received) \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Skaters T-Shirt Size (circle): Childs XS Childs S Childs M Child L Adult XS Adult S Adult M Adult L

Skating Experience (check all that apply):

- no experience, this will be my first time     some experience (seasonally)     I skate weekly     I can skate a 1 foot glide  
 I can land a toe loop jump     I have taken group lessons before at the \_\_\_\_\_ Arena.  
 I take private skating lessons. Coaches Name: \_\_\_\_\_ Email: \_\_\_\_\_  
 I am a member of a skating club. Club Name: \_\_\_\_\_

Please make checks payable to *St. Paul FSC*    Enclosed is check # \_\_\_\_\_ for \$130.00

Participants must bring own skates; no rental skates available.

**WAIVER FORM**

I, the undersigned, hereby give my consent for myself and/or child to participate in the St. Paul Figure Skating Club Inc. Reach for the STARS Learn to Skate Summer Camp. I understand that St. Paul Figure Skating Club, Inc., its employees and/or volunteers assume no liability for myself/child while participating in, or traveling to or from this program. I understand that St. Paul Figure Skating Club, Inc is not responsible for the actions or inaction of others on or off of the ice. I also certify that myself/child is/are covered by medical health insurance and agree in case of medical emergency to allow myself/child to be transported to the nearest medical facility by emergency medical service. I fully recognize the possibility of physical injury associated with the activity which I and/or my child desire(s) to participate in, and hereby release St. Paul Figure Skating Club, Inc, and its officials, employees, contractors, and volunteers, from any and all claims for property damage and/or personal injury arising out of my or my child's participation in this activity. **NO MAKEUP LESSONS OR REFUNDS.**

Date \_\_\_\_\_

Signature of participant or legal guardian/parent, if participant is under 18 years of age. \_\_\_\_\_

Please mail completed forms and check to:

St. Paul FSC  
Basic Skills Camp Registration  
P.O. Box 25726  
Woodbury, MN 55125.

**For Office Use Only**  
Date Pd: \_\_\_\_\_ Amt Pd: \_\_\_\_\_  
Recd By: \_\_\_\_\_ Clk# : \_\_\_\_\_