

Skate St. Paul Competition

July 17-19, 2009 (entries must be postmarked by May 15, 2009)

Skate St. Paul Annual Figure Skating Competition July 17-19, 2009

Official and Purchased Practice Ice, Thursday July 16th

IJS System used for all Juvenile thru Senior Freestyle Events

Entries must be postmarked (not metered) by May 15, 2009

Why Choose Skate St. Paul?

- 46 years of hosting this competition - SPFSC has a depth of knowledge and experience
- World, International, and National level judges and officials.
- The Chief Referee for this event is Jennifer Marker Johnson - National Judge and Sectional Referee
- The Chief Accountant is Ed Mann - national accountant and technical accountant
- The Chief Music Coordinator is Chip Rauth - national and international level coordinator
- **Competition level certified officials** who have extensive experience with both the majority system and IJS.
- Ample practice ice available
- Opportunity to skate programs multiple times
- **Final rounds** - true championship events
- Competition level technical panels
- St. Paul FSC has hosted multiple Qualifying Competitions in this arena

Eligibility and Rules:

Skate St. Paul is open to all registered USFSA members in good standing, and will be conducted in accordance with the rules and regulations of the USFSA as set forth in the 2009-2010 Official Rulebook. Skaters may compete in as many events as qualified by their test level for each discipline as of May 15, 2009 or at one level higher.

Skaters must compete all free skating, compulsory moves, short programs, jump, and spin events at the same level. All participants in the Juvenile Championship event must skate all other events at the Juvenile level.

Rule changes made at the 2009 Governing Council will be in effect at this competition.

Music:

Only CDs (standard format) clearly marked with the event will be accepted. **Separate CDs for each event.** Music must be turned in for ALL EVENTS at time of registration. No exceptions. Backup must be available rinkside during competition.

Judging System:

Skate St. Paul will use the IJS system of accounting for all short programs and freeskate events Juvenile and above. The Majority System will be used for all other events. **NOTE: The primary rink will utilize the mini system, with video replay for IJS events.**

Entry Forms and Fees:

Entries must be postmarked by May 15, 2009. Make checks payable to the St. Paul Figure Skating Club. Mail check, application, AND self-addressed No. 10 envelope to:

Carolyn Marker
1049 Portland Avenue
St. Paul MN, 55104-7011

FEES: Entry fees must accompany application form. Any changes to the application form after the May 15th deadline are subject to a \$20 change fee. **Late entries will be accepted only at the discretion of the Chief Referee and the Competition Chair and must be accompanied by a \$25 late fee.** A \$30 service charge will be added for any returned checks. A \$2 fee will be assessed if a No. 10, self-addressed envelope is NOT included with entry.

Your coach is required to sign your application form. His/her signature finalizes your level of competition and the events you are competing in. Certification of your Home Club is required as validation of your club standing and the information included on your form.

NO Refunds:

Refunds will be issued for cancelled events only.

Changes & Additional Information:

Check our **website at stpaulfsc.org** for information related to this competition including a list of officials who are participating, and practice ice availability.

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Official Practice Ice:

ONE Official Practice session per skater is included in the entry fee. Official practice ice will be scheduled on Thursday and Friday. **Absolutely NO exchanges allowed. If you are unable to attend the official session, you will need to purchase practice ice.** Music will NOT be played at practices.

Purchased Practice Ice:

ADDITIONAL PRACTICE ice may be purchased. A practice ice form will be sent to all participants with the unofficial schedule and confirmation. Check website www.stpaulfsc.org for additional information and sessions.

Schedule your practice ice as soon as possible after receiving your confirmation. Sessions fill up quickly. Practice Ice tickets will be available when you register for the competition. Payment must be received with order. NO REFUNDS.

Facilities:

All events will be held at the Richfield Ice Arena, 636 East 66th Street, Richfield, MN which has two ice surfaces that will be used throughout the competition. The arena has seating for spectators and a snack bar which will be open during official practice sessions and during the competition. Locker rooms are available for use. Several vendors will be present during the competition for basic supplies and needs. The facility is part of a park system that includes rollerblading trails, picnic areas and free parking.

Registration:

The registration desk will be open at the Richfield Arena from 12:00 p.m. to 8:00 p.m. Thursday and from 7:00 a.m. to the end of the competition on Friday, Saturday and Sunday. An official bulletin board in the Registration Area will display changes and notices. Check in at least 45 minutes prior to your event.

Pictures and Videotaping:

An official photographer will be present to take awards pictures. Video taping will also be available.

Awards:

Awards will be presented to the top four places in each event. The awards will be presented off ice following the posting of results. Special awards will be presented for final round events and combined events.

Test Session:

The St. Paul FSC will hold a test session on Thursday at the Richfield Ice Arena. This session is open to all Skate St. Paul competitors. **DEADLINE FOR TESTING APPLICATION: June 25th, 2009.** All participants must include a SEPARATE FORM from their Home Club giving permission to test at this session.

Contact Information:

Carolyn J. Marker
1049 Portland Avenue
St. Paul MN 55104-7011
(phone) 651-224-3370 evenings only
will not return long distance calls
(fax) 651-224-4412 (24 hours)
(email) cmarker243@aol.com

St. Paul FSC Website: www.stpaulfsc.org

Hotel Accommodations:

The following arrangements have been made for your convenience:

Ramada Minneapolis Airport West

7745 Lyndale Ave
Richfield MN 55423
612.861.1000
fax 612.861.4931
email: ramadaairportwest@yahoo.com
Group code CGSPFSI
\$79.00

Reservations must be made by June 20, 2009

Hampton Inn & Suites

2860 Metro Drive
Bloomington MN 55425
952-854-7600 (Phone)
925-854-7601 (Fax)
Reservations must be made by June 19, 2009
Group Code: St. Paul FSC room block room
rate \$84

NOTE: IJS will be used for all Juvenile through Senior Freestyle events. All planned program elements must be submitted online to U.S. Figure skating no later than July 3rd. There will be a \$20 fee for failure to register online. FORMS NOT BE ACCEPTED AT TIME OF REGISTRATION.

Competition Rules

Championship (Combined Short Program and Freeskate) Events:

Skaters have the opportunity to skate a combined event (both short program and long program) for all Free Skating and pairs events that have multiple segments: Juvenile, Intermediate, Novice, Junior, and Senior. Skaters will skate both segments. Final placements will be determined according to USFSA rules which will combine results from both the short program and the Free Skating program. **Skaters may also skate the short and Free Skating single events separately - but at the same level.** There MAY be final rounds for championship events depending upon the number of entries in each event. The Final Rounds will consist of ONLY the Free Skating program.

The JUVENILE/OPEN JUVENILE CHAMPIONSHIP EVENT is intended for those Juvenile level skaters who are in between the Juvenile and Intermediate levels. These skaters must skate ALL other Free Skating events (which includes spins, jumps, and compulsory moves) at the Juvenile/Open Juvenile level and must not have passed the Intermediate Free Skating tests. We've combined both Juvenile and Open Juvenile for this event simply because of the number of participants. If the skater chooses to also skate individual events (e.g. free skating), they must skate at the appropriate level (e.g. Juvenile or Open Juvenile).

Pairs:

Refer to the USFSA Rulebook for Pairs Free Skating requirements. This event is open to skaters at all levels including Adult Pairs.

Spins:

Skaters must compete at the same level as their Free Skating events. Spins to be skated in a SIMPLE PROGRAM with no extra or repeated elements. Connecting moves may be made up of short sequences of footwork such as threes, brackets, rockers, and/or spirals and will not be judged. HALF ICE for all levels.

Time: 1:30 minutes maximum all levels.

Level	Spin Description
NO Test/Pre Preliminary	1) One Foot Upright Spin min. 3 revolutions 2) One ft. Back Spin min. 3 revolutions 3) Sit Spin, min. 3 revolutions
Preliminary	1) Sit Spin min. 3 revolutions 2) Camel Spin min. 3 revolutions 3) One Foot Upright Spin min. 3 revolutions
Pre Juvenile and Open Pre Juvenile	1) Layback Spin min. 3 revolutions 2) Sit Spin min. 4 revolutions 3) Camel Spin to Back One Foot Spin min. 3 revolutions each foot
Juvenile and Open Juvenile	1) Camel Spin min. 4 revolutions 2) Sit Change Sit Spin min. 4 revolutions 3) Back Scratch Spin min. 5 revolutions
Intermediate	1) Camel Change Camel min. 4 rev. each foot 2) Sit Spin min. 5 revolutions 3) Combination Spin 2 changes of position, 1 change of foot min. 4 revolutions each foot
Novice	1) Flying Camel minimum 5 revolutions 2) Camel Spin min. 5 revolutions 3) Combination Spin 3 changes of position, 1 change of foot min. 5 revolutions each foot
Junior	1) Flying Sit Spin min. 6 revolutions 2) Layback Spin min. 6 revolutions 3) Combination Spin 2 changes of position, 1 change of foot min. 5 revolutions each foot
Senior	1) Flying Spin of skater's choice min. 6 rev. 2) Layback Spin min. 6 revolutions 3) Combination Spin 2 changes of position, 4 changes of foot min. 6 revolutions each foot
Adult, Combined	1) Sit Spin min. 3 revolutions 2) Camel Spin min. 3 revolutions 3) Combination Spin with one change of foot

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Purchased Practice Ice Information:

- ADDITIONAL PRACTICE ice may be purchased. A practice ice form will be sent to all participants with the unofficial schedule and their confirmation. Act quickly to secure the times you need.
- Practice is on a first come, first serve basis upon receipt of payment. If payment is NOT received prior to the opening of the Registration Desk on Thursday, you will not receive your practice ice tickets and will not be allowed to skate your practice sessions until payment is made.
- There will be NO REFUNDS OR SWITCHING OF PRACTICE ICE SESSIONS. If you scratch from the competition, you will forfeit all funds paid and your right to skate on any practice ice purchased.
- We will attempt to accommodate each competitor with practice ice close to their event time.
- NOT all practice sessions will be on competition surface
- NO music will be played on practice ice sessions.
- Final Round practice ice sessions will be available for purchase ONLY after initial round is completed.
- The practice ice schedule will be posted on our website prior to the start of competition. Check website www.stpaulfsc.org for additional information and sessions.
- We will NOT provide practice ice schedules over the phone.
- If you choose not to purchase Practice Ice in advance, you will need to stand in line at the Practice Ice Desk located in the Arena. No Purchased Ice Tickets will be issued without payment.

NOTE: Schedule your practice ice as soon as possible after receiving your confirmation. Sessions fill up quickly. Practice Ice tickets will be available when you register for the competition. Payment must be received with order. NO REFUNDS.

Fees:

Juvenile, Intermediate, Novice,
Junior and Senior CHAMPIONSHIP
(combined SP & FS) events

\$125 per person

All other events

\$95 first event, per person
\$35 each additional event

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Jumps:

The jumps only event will be skated without music. Skaters must compete at the same level as their Free Skating level. Beginner through Juvenile level events will be skated on HALF ICE. Jumps must be performed in the order listed. Each skater will be allowed two attempts at each jump and will be judged on the best of the two jumps. Jumps will be skated in sequence, making consecutive attempts at each jump. Skaters will perform jump #1 then immediately make a second attempt at the same jump. In situations where the skater is given an option, the first attempt will determine the jump that will be judged.

Level	Jump Description	
NO Test/Pre Preliminary	1) Toe Loop Jump	2) Combination of any two single jumps (NO AXEL)
Preliminary	1) Flip or Lutz Jump	2) Combination of any single jump with a loop jump -- Axel allowed
Pre Juvenile and Open	1) Axel Jump	2) Any Double Jump
Juvenile/Open Juvenile	1) Axel Jump	2) Combination of any double jump with loop jump
Intermediate	1) Axel Jump	2) Double Flip or Double Toe Jump
	3) Combination of any two double jumps	
Novice	1) Double Loop	2) Double Flip Jump
	3) Combination of any two double jumps	
Junior	1) Double Loop	2) Double Lutz Jump
	3) Combination of any two double jumps or triple jump with double jump	
Senior	1) Double Lutz	2) Double Axel Jump
	3) Combination of any two double jumps or triple jump with double jump	
Adult, Combined	1) Flip or Lutz Jump	2) Combination of any single jump with loop jump(Axel OK)

Compulsory and Short Programs:

No music except as noted. Deductions will be taken for added elements. Repeating moves other than moves which would normally be considered connecting steps will be penalized. Skaters must compete at same level as their Free Skating events. An Axel is considered a Single Jump.

Level	Element Description	Time
NO Test and Pre Preliminary	1) Split Jump or Half Flip 2) Forward Spiral 3) Sit Spin (min. 3 revolutions) 4) Waltz Jump or Toe Loop or Salchow 5) Bunny Hops	Half Ice 1 min. max
Preliminary	1) Forward Spiral 2) Camel Spin (min. 3 revolutions) 3) Single Jump 4) Single/Single Jump Combination (may include Axel) 5) Power Threes (left or right)	Half Ice 1 min. max
Pre Juvenile and Open Pre Juvenile	1) Single Jump 2) Single/Single or Double/Single Jump Combination (may include Axel) 3) Combination Spin 1 change ft. (min. 4 revolutions total) 4) Forward Spiral 5) Power Pulls (forward or back one foot only)	Half Ice 1 min. max
Juvenile and Open Juvenile	1) Axel Jump 2) Jump Combination (Single/Single, Single/Double, Double/Single) 3) Combination Spin with 1 change ft. and 1 change position (min. 3 revolutions each ft) 4) Backward Spiral 5) Eight Step Mohawk Sequence one direction	Full Ice 1:30 min. max

NOTE: Please refer to the USFS Well-balanced program requirements in the rulebook/web.

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Free Skating:

All free skating events will be divided into flights. If there are two flights, the top four in each flight will qualify for a final round skate-off. If there are three flights, the top four will qualify for the final round. If there are four flights, the top three will qualify for the final round. Any event with five or more flights, only the top two skaters will qualify for the final round. NO FINAL ROUND for ALL NO TEST EVENTS.

Level	Free Skating Requirements	Time
Limited NO Test	No USFSA free skate tests passed. Spins in upright position. No age limit. No axels or double jumps. Salchows and toe loops are permitted for this event. Half Revolution Jumps Only.	1.0 min. - 1:30 min.
NO Test	No USFSA free skate tests passed. No axels or double jumps. Spins in any position. No age limit.	1:30 min.
Limited Pre Preliminary	Passed Pre Preliminary free skating test. NO Axels - NO doubles.	1:30 min.
Pre Preliminary	Passed Pre Preliminary free skating test. Axels permitted - NO doubles.	1:30 min.
Preliminary	Passed Preliminary free skating test. Axels and up to two different double jumps permitted.	1:30 min.
Pre Juvenile	Passed Pre Juvenile free skating test. Cannot be 13 by the closing date. Axel plus up to THREE different double jumps permitted.	2 min.
Open Pre Juvenile	Passed Pre Juvenile free skating test. Skater is 13 years old or older by closing date. Axel plus up to THREE different double jumps permitted.	2 min.
Juvenile	Passed Juvenile free skating test. Cannot be 13 by the closing date.	2 min. 15 sec.
Open Juvenile	Passed Juvenile free skating test and is 13 years old or older at closing.	2 min. 15 sec.
Intermediate	Passed Intermediate free skating test.	2:30 min.
Novice	Passed Novice free skating test.	Ladies: 3 min. Men: 3:30 min.
Junior	Passed Junior free skating test.	Ladies: 3:30 Men: 4 min.
Senior	Passed Senior free skating test.	Ladies: 4 min. Men: 4:30 min.
Adult Bronze	No higher than Preliminary or Adult Bronze free skating test. Single jumps only. NO axels. Age 21 or older as of closing.	1 min. 40 sec.
Adult Silver	Juvenile or Adult Silver free skating test. Single jumps only. NO axels. Age 21 or older as of closing.	2 min. 10 sec.
Adult Gold	Intermediate or Adult Gold free skating test. Age 21 or older at closing.	2 min. 40 sec.

Test Application (request must be received by June 25, 2009):

The St. Paul FSC has a scheduled test session on the Thursday preceding the competition. The actual hours of the test will be determined after all the requests have been received. Testers will have a half hour warm up session prior to the test session that is included in the test fees. Test cancellations will be accepted up to July 3rd. The test fees will be:

Pre-Preliminary through Pre Juvenile tests: \$40 (per test)
 Juvenile through Intermediate tests: \$60 (per test)
 Junior and Gold tests: \$80 (per test)

Name:	Home Club:	Test(s)

Mail form, check, and a stamped NO. 10 envelope to: Carolyn Marker, 1049 Portland Avenue, St. Paul, MN 55104-7011

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Skate St. Paul Competition Entry Form: July 17-19, 2009(Practice July 16th)

Mail form, check, and a stamped NO. 10 envelope to: Carolyn Marker, 1049 Portland Avenue, St. Paul, MN 55104-7011

Skater's Last Name (print):		First Name (print):	
Street Address:			
City:	State:	Zip:	Gender: <input type="checkbox"/> Female <input type="checkbox"/> Male (circle)
Phone (include area):	Birthdate:	Age:	USFSA No.
USFSA Home Club:	Highest Free Skating Test:	Email:	

* Note that Official Practice Ice Will Be on Thursday - Additional Purchased Ice Will Be Available Thursday through Sunday

Skating Events Entered

Free Skating Events \$95 (first event) \$35 if additional event	Short Program Events \$95 (first event) \$35 if additional event	Championship Combined Events include SP and FS \$125	Jumps \$95 (first event) \$35 if additional event
<input type="checkbox"/> Limited NO Test	<input type="checkbox"/> Intermediate	<input type="checkbox"/> Juvenile/Open Juv (Juv FS/Int SP)	<input type="checkbox"/> NO Test
<input type="checkbox"/> NO Test	<input type="checkbox"/> Novice	<input type="checkbox"/> Intermediate (SP/FS)	<input type="checkbox"/> Pre Preliminary
<input type="checkbox"/> Limited Pre Preliminary	<input type="checkbox"/> Junior	<input type="checkbox"/> Novice (SP/FS)	<input type="checkbox"/> Preliminary
<input type="checkbox"/> Pre Preliminary	<input type="checkbox"/> Senior	<input type="checkbox"/> Junior (SP/FS)	<input type="checkbox"/> Pre Juvenile
<input type="checkbox"/> Preliminary	Compulsory Moves Events	<input type="checkbox"/> Senior (SP/FS)	<input type="checkbox"/> Open Pre Juvenile
<input type="checkbox"/> Pre Juvenile	<input type="checkbox"/> NO Test	Spins \$35 as second event	<input type="checkbox"/> Juvenile
<input type="checkbox"/> Open Pre Juvenile	<input type="checkbox"/> Pre Preliminary	<input type="checkbox"/> NO Test	<input type="checkbox"/> Open Juvenile
<input type="checkbox"/> Juvenile	<input type="checkbox"/> Preliminary	<input type="checkbox"/> Pre Preliminary	<input type="checkbox"/> Intermediate
<input type="checkbox"/> Open Juvenile	<input type="checkbox"/> Pre Juvenile	<input type="checkbox"/> Preliminary	<input type="checkbox"/> Novice
<input type="checkbox"/> Intermediate	<input type="checkbox"/> Open Pre Juvenile	<input type="checkbox"/> Pre Juvenile	<input type="checkbox"/> Junior
<input type="checkbox"/> Novice	<input type="checkbox"/> Juvenile	<input type="checkbox"/> Open Pre Juvenile	<input type="checkbox"/> Senior
<input type="checkbox"/> Junior	<input type="checkbox"/> Open Juvenile	<input type="checkbox"/> Juvenile	<input type="checkbox"/> Adult Combined
<input type="checkbox"/> Senior		<input type="checkbox"/> Open Juvenile	Pairs (each skater to pay \$95 fee)
<input type="checkbox"/> Adult Bronze	FEES: \$125 first event if	<input type="checkbox"/> Intermediate	<input type="checkbox"/> Preliminary
<input type="checkbox"/> Adult Silver	Competing Championship	<input type="checkbox"/> Novice	<input type="checkbox"/> Juvenile/Open Juv
<input type="checkbox"/> Adult Gold	Events (combined) --	<input type="checkbox"/> Junior	<input type="checkbox"/> Intermediate
* ALL FREE SKATING	Otherwise, the first	<input type="checkbox"/> Senior	<input type="checkbox"/> Novice
EVENTS MUST BE	Event is \$95	<input type="checkbox"/> Adult Combined	<input type="checkbox"/> Junior
SKATED AT THE SAME LEVEL	\$35 for additional events		<input type="checkbox"/> Senior

SKATER/PARENT/GUARDIAN VERIFICATION AND RELEASE I do hereby agree to assume all risk of injury resulting from, caused by, or in connection with the conduct and management of the competition and to waive and release any claims against Skate St. Paul Officials, the USFSA, Richfield Arena, and the St. Paul FSC. If the competitor is under 21 years of age, parent or guardian must grant permission to compete. I fully understand that the fees associated with this competition are non refundable and that I am an amateur.

Signature of Skater, Parent, or Guardian: _____

PRIMARY COACH CERTIFICATION: To the best of my knowledge, the information on this form is true and correct.

Coach: _____ Signature: _____ Phone: () _____

Address: _____ City: _____ State: _____ Zip: _____

HOME CLUB _____ I verify skater is a member in good standing

Signature: _____ Position _____